



Code of Conduct

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INTRODUCTION

This document sets out rules for using Our Pool. We have tried to keep it as brief as possible but it is necessary that you know what is expected of you and what you can expect of us and fellow bathers so that everyone can enjoy the pool safely.

POOL FACILITIES AND FACTS

- a. The pool is 12 metres long by 6 metres wide and 1.2 metres deep (or 40 feet by 20 feet by 4 feet if you prefer).
- b. There are steps in one corner for entering and leaving the pool and a handrail along one side.
- c. There is a resistance stream to allow distance training without having to turn.
- d. The pool is heated to 28 to 30 degrees Celsius.
- e. A lifebuoy and reach pole/hook are provided in the pool area.
- f. All tiles in the pool building are non-slip.
- g. There are two (mixed) changing rooms, a mixed shower room and two wheelchair-friendly toilets with baby-changing tables, all with under-floor heating.
- h. There is ample car parking space outside the pool complex.
- i. A hairdryer is provided in each changing room.

POOL CODE OF CONDUCT

ACCESS TO OUR POOL

1. Please ensure that members of your group:
 - a. do not park next to exits, including fire exits;
 - b. keep away from farm areas and keep any animals within vehicles; and
 - c. do not exceed the 20 mph speed limit.
Small children, animals and farm machinery may be in the vicinity.
2. All vehicles are parked at their owners' risk.



ELIGIBILITY TO SWIM

3. Please ensure that members of your group:
 - a. are physically fit to swim;
 - b. do not swim after consuming a heavy meal, alcohol, recreational drugs, or strong medication/prescribed drugs (unless approved by your doctor); and
 - c. do not swim if they have a contagious disease (including diarrhoea, cold with runny nose, throat or ear infection, vomiting, any infectious foot or skin condition or open wound).

USE OF OUR POOL

4. Two to eight people may use the pool at any one time.
Lone swimmers are only allowed by prior agreement and after signing a Lone Swimmer's Agreement.
5. There must be one adult (over 18) for every three children (under 18) and/or non-swimmers.
Children must be supervised at all times, whether in the pool or spectating.
6. Lifeguard cover is not provided by Our Pool. Visitors hire Our Pool privately and use it at their own risk.
7. Please ensure that members of your group who still wear nappies use appropriate swimwear (e.g. aqua nappies) and take any used nappies home.
8. The lifebuoy and reach pole are **for emergency use only**.
9. Private hire swimmers must not arrange swimming lessons in Our Pool.
10. Please ensure that members of your group do not dive into the pool.
11. Please ensure that members of your group:
 - a. shower before entering the pool
(this reduces the need for chemicals in the pool);
 - b. wear a swimming cap if they have long hair;
 - c. do not run in any part of the pool complex;
 - d. do not wear footwear beyond the Reception Area
(a shoe rack is provided on the left hand side);
 - e. keep all exits and fire exits clear at all times;
 - f. remove plasters before entering the pool;
 - g. wear a verruca sock if they have a verruca;
 - h. do not wear jewellery such as bracelets and necklaces in the pool;



- i. do not bring any glass or ceramic items into the pool complex;
 - j. do not smoke in or around the pool complex or on Yeowood Farm;
and
 - k. eat and/or drink only in the Reception Area
(eating and drinking are prohibited in all other areas of the pool complex).
12. Please ensure that external doors and windows in the pool room are kept closed at all times to maintain the important temperature balance in the pool area.
 13. Please ensure that you keep to your allotted time slot.
Use the clock in the pool area to determine start and end times.
Your changing room is available for use 15 minutes before your session starts and for 15 minutes after it finishes.
 14. Please check the Notice Board in the Reception Area for breaking news.
 15. Please leave the pool complex as you would like to find it.
 16. Please notify the Pool Manager (whose name and number are posted on the Notice Board) immediately of any damage to the pool or equipment.

ACCIDENTS AND EMERGENCIES

17. Please read the Pool Safety Operating Procedure (comprising the Health and Safety Policy, the Normal Operating Plan (NOP) and the Emergency Action Plan (EAP)) on the Notice Board in the Reception Area.
18. The emergency exits are located as follows:
 - on the right-hand side of the wall facing you as you enter the pool room;
and
 - at the end of the corridor between the Reception Area and the Changing Rooms (turn right from the Reception Area; turn left from the Changing Rooms).
- 19. A mobile phone with a useable signal must be provided by at least one adult group member.**
20. There is a first aid kit in the Reception Area.
21. In the event of an accident please enter the details in the Accident Book (in the Reception Area) and call the Pool Manager.